

Scrambled Hamburger

1 pound ground beef

½ cup diced onions

Salt and pepper

Mayonnaise

Opt. Cheese

Steamed buns/rolls: My family uses rolls and cuts a whole to scoop the meat into, but buns will work too, but the meat may drop out.

2 Tsp of oil

Optional: Essence, bbq, Cajun seasoning etc. Flavor to your tastes. Original contains only salt and pepper. I encourage you to try this at least once with only salt and pepper.

Sauté onions in oil until translucent then brown (scramble) the beef with the onions. Season with salt and pepper to taste.

While the meat is browning place rolls in steamer and steam until soft and “wrinkly”. I am not a fan of Mayo, but it makes this dish perfect. Add mayo to taste to each bun and scoop in ground beef into the roll. Cheese is optional.

This very simple dish tastes so much better than the ingredient list would lead you to believe. It will quickly become a family favorite.

Lisa Burbach/Family recipe 2013